



# Permission Slip



From this day forward I lovingly give myself permission to:

PLAY

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I will do my best to make sure that I honor this wish in every aspect of my life from here on out because I deserve it. I am worthy of it and I know that this is normal and natural.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_



#PermissionToPlay

#BreakthroughPlay

@garyware





To be more childlike, you don't have to give up being an adult. The fully integrated person is capable of being both an adult and a child simultaneously. Recapture the childlike feelings of wide-eyed excitement, spontaneous appreciation, cutting loose, and being full of awe and wonder at this magnificent universe.

- Wayne Dyer

